

Population level omics data integration to unravel the role of non-coding RNAs in health and disease

X-omics Festival 2023

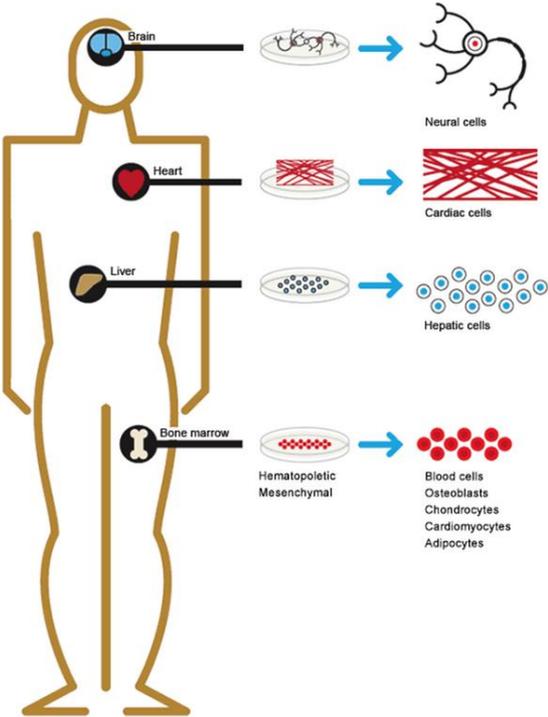
Mohsen Ghanbari, MD PhD

Associate Professor & Principal Investigator
Molecular & Systems Epidemiology Group
Erasmus University Medical Center
Rotterdam, the Netherlands

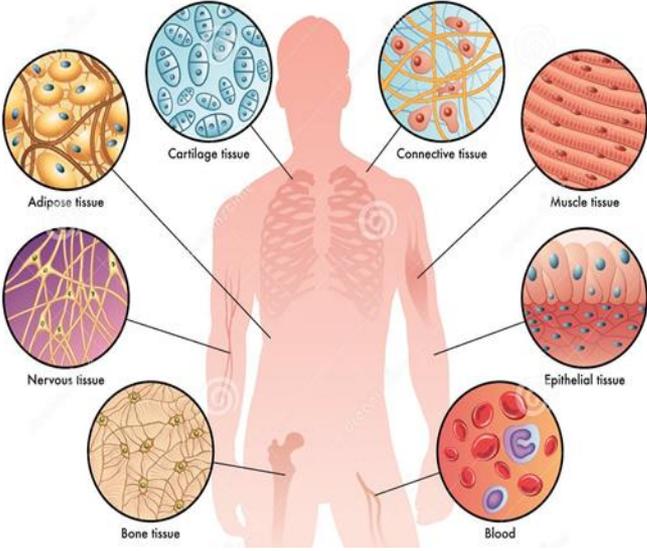
Erasmus MC
University Medical Center Rotterdam



Cell type-specific gene regulation & expression



Adopted from Topper.

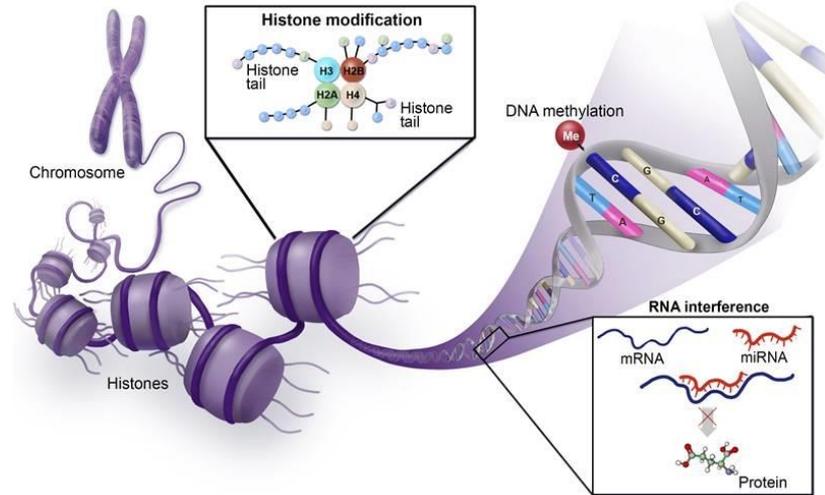


Epigenetic

External modifications to DNA that turn genes on/off. These modifications do not change the DNA sequence, but instead, they affect how cells "read" the genes.

Three main epigenetic marks:

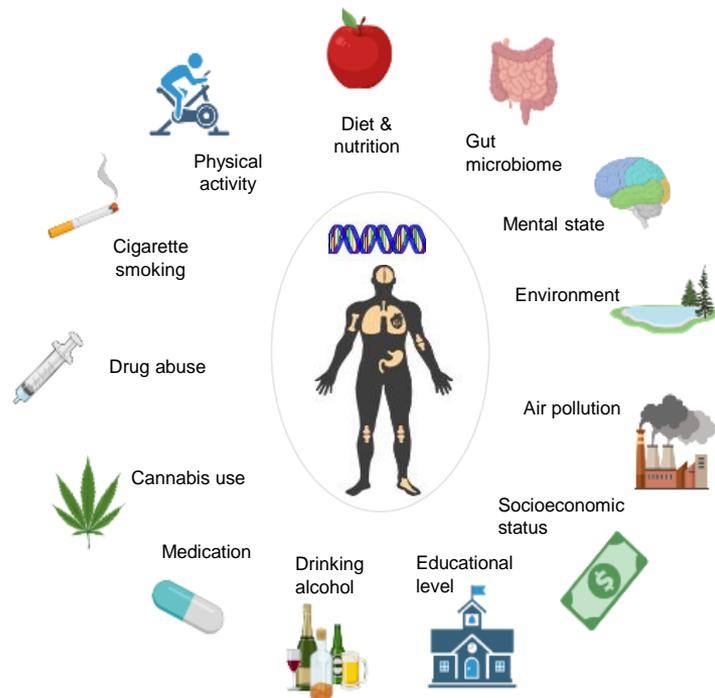
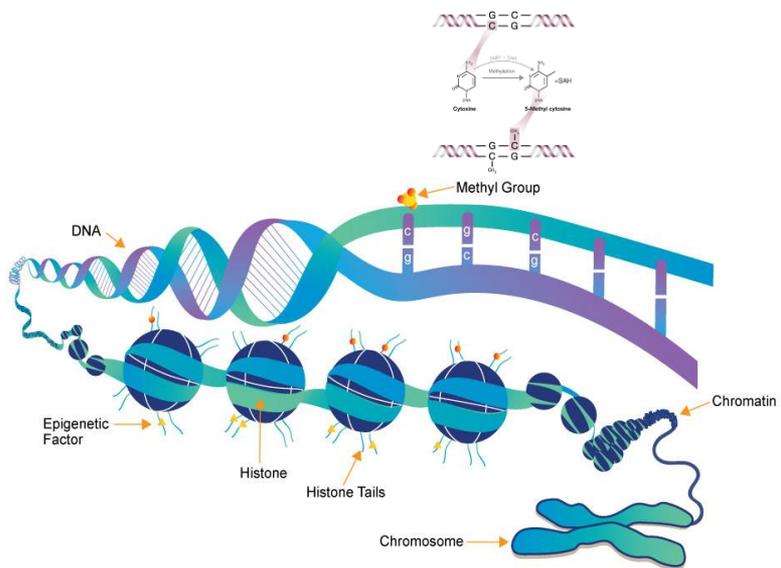
- DNA methylation
- Histone modification
- RNA interference



American Society of Hematology.

DNA methylation

A biological process by which a methyl group is added to a cytosine base and change the activity of a DNA segment.



Smoking and alcohol affect DNA methylation



Tobacco smoking leads to extensive changes in DNA methylation.

Zeilinger et al., PLoS One. 2013 May 17;8(5):e63812.

European Journal of Epidemiology (2019) 34:1055–1074
<https://doi.org/10.1007/s10654-019-00555-w>

METHODS

Validated inference of smoking habits from blood with a finite DNA methylation marker set



A blood DNA methylation biomarker of alcohol consumption.

Liu et al., Molecular Psychiatry. 2018. 23, 422–433.

Maas et al. Clin Epigenet (2021) 13:198
<https://doi.org/10.1186/s13148-021-01186-3>

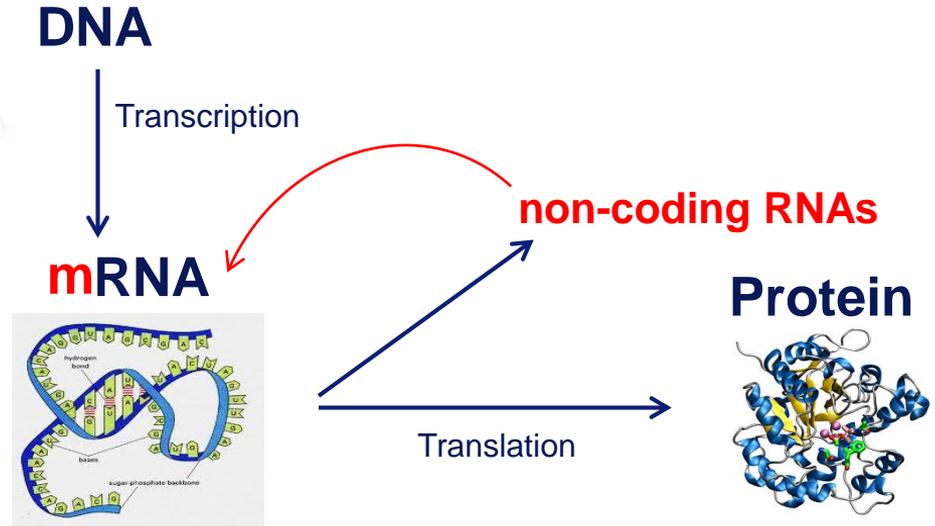
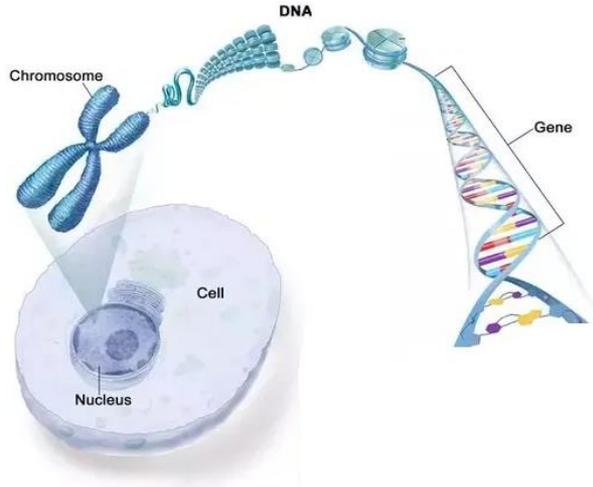
RESEARCH

Open Access

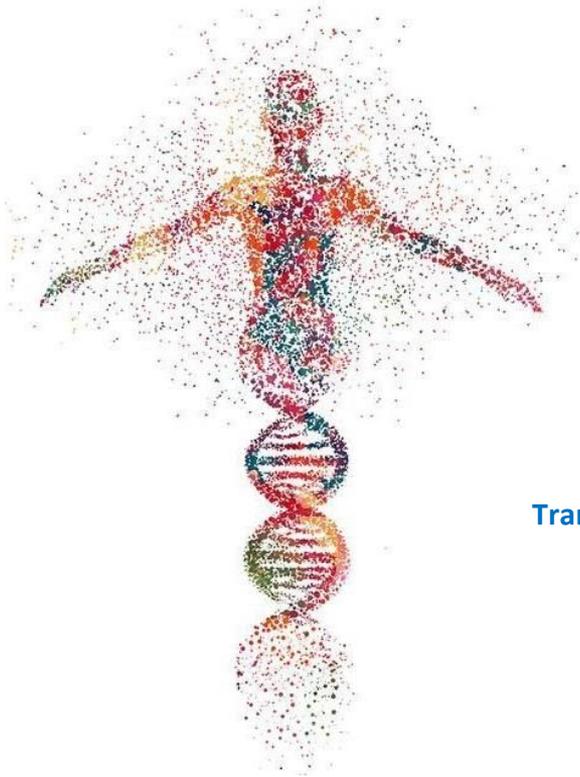


Validating biomarkers and models for epigenetic inference of alcohol consumption from blood

Gene expression is regulated by RNA interference



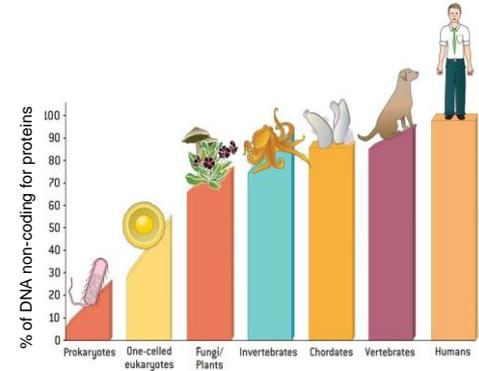
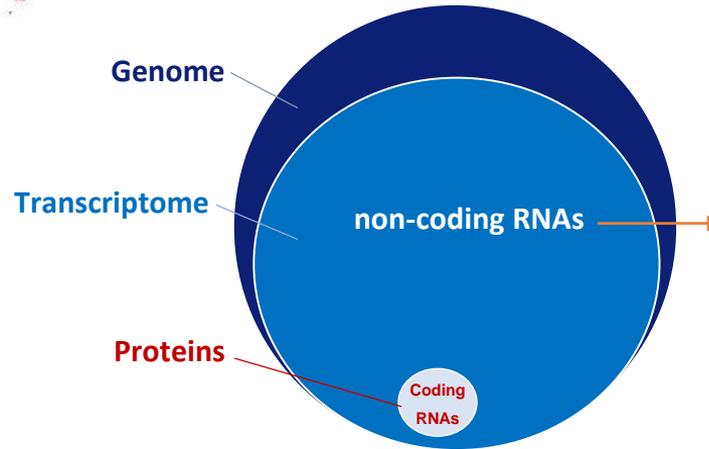
Human genome, coding and non-coding RNAs



> **70%** of the human genome is transcribed into RNAs.

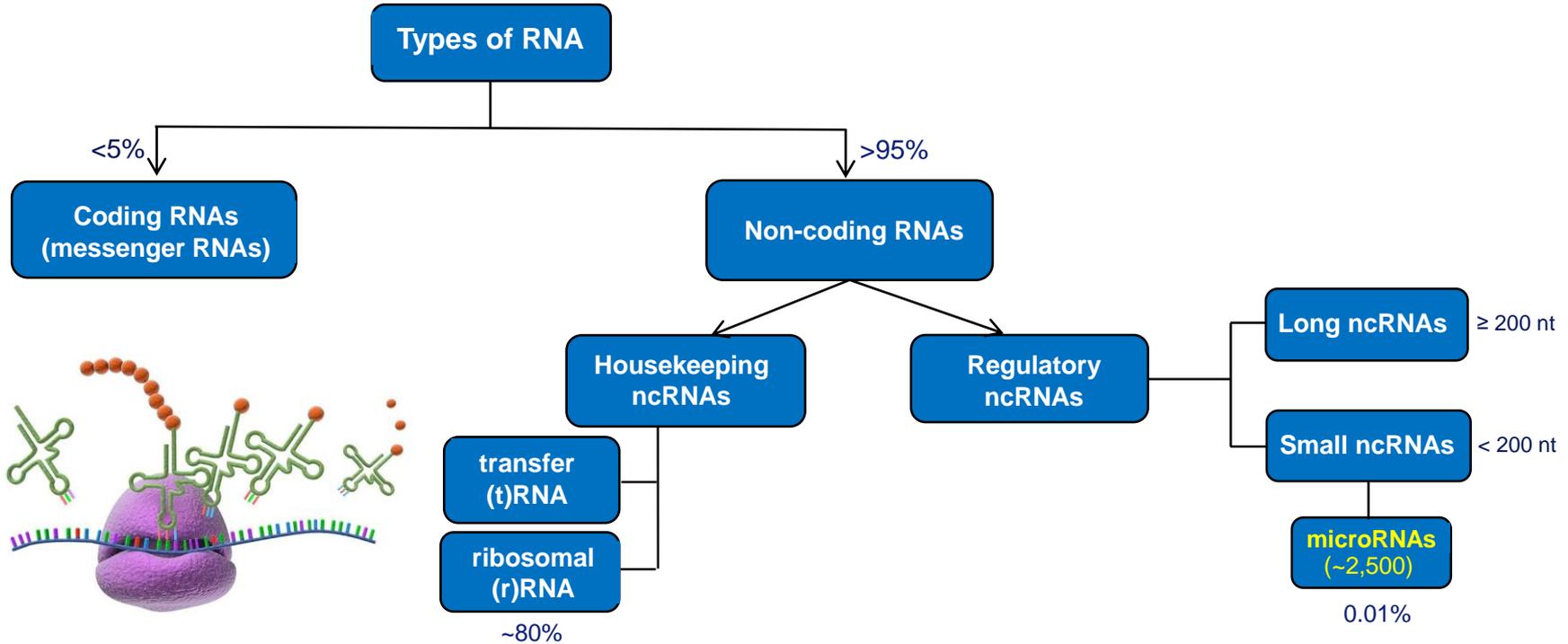
(ENCODE project)

< **5%** of RNAs have the potential to encode proteins.



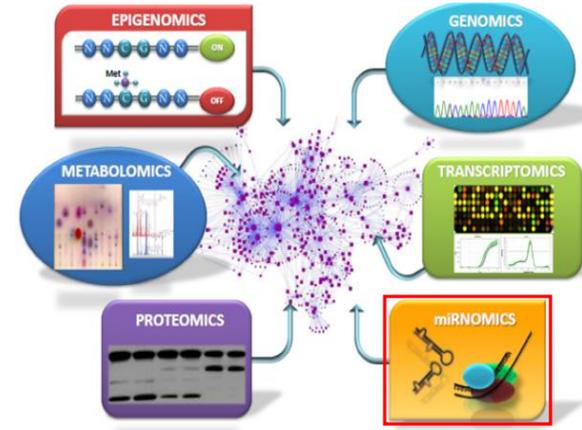
Mattick, J.S. *Sci Am.* 291:60-67. 2004

Coding & non-coding, the converging concepts of RNAs

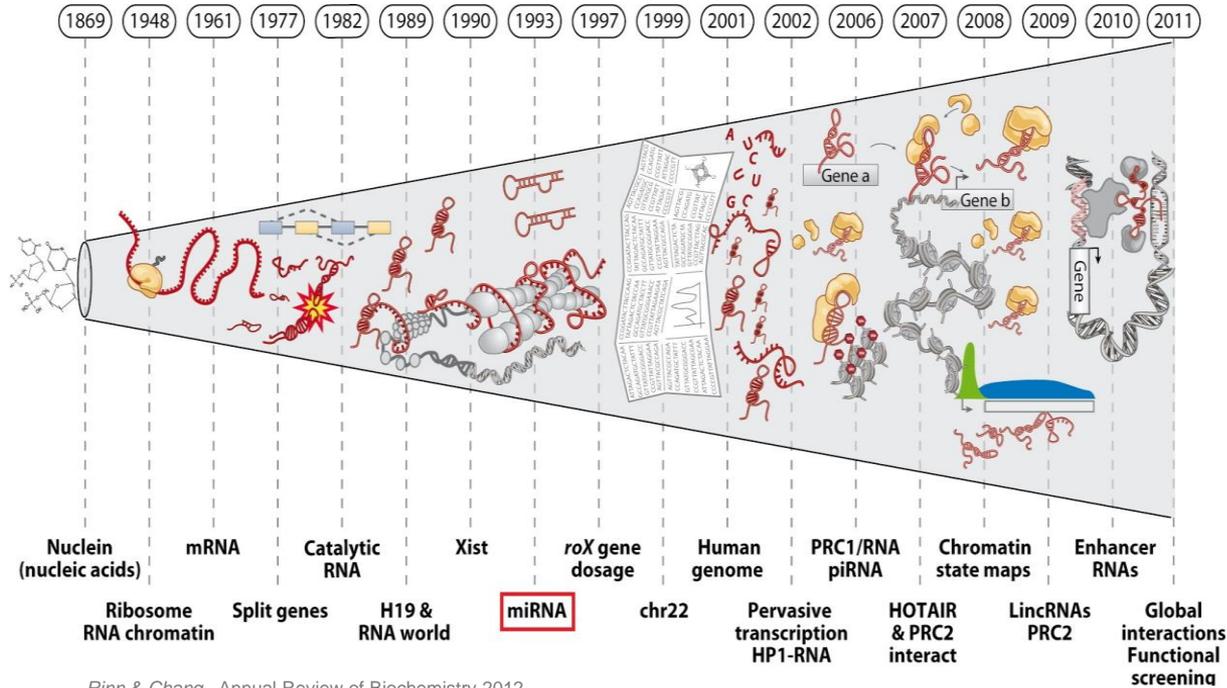


microRNAs (miRNAs)

- ❑ Small single-stranded forms of RNA
- ❑ Highly conserved in different species
- ❑ >2000 high-confidence miRNAs in human
- ❑ Post-transcriptional regulators of gene expression
- ❑ ~2/3 of coding genes are putative targets of miRNAs



The importance of miRNAs in gene regulation has steadily gained appreciation

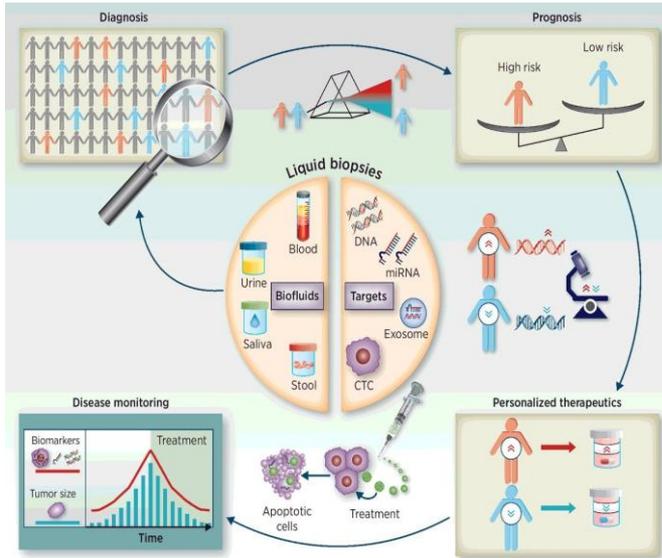


Rinn & Chang. Annual Review of Biochemistry 2012.



miRNAs are involved in most, if not all, physiological and pathological processes!

miRNAs in health and disease



- **Providing insights into disease biology**

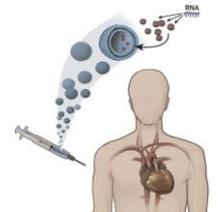
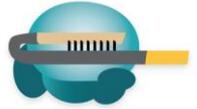
(Rayner et al. Science. 2010; Zhu et al. Cell. 2011)

- **Detectable in body fluids as biomarkers**

(Olson E, Science Tran. Med 2014)

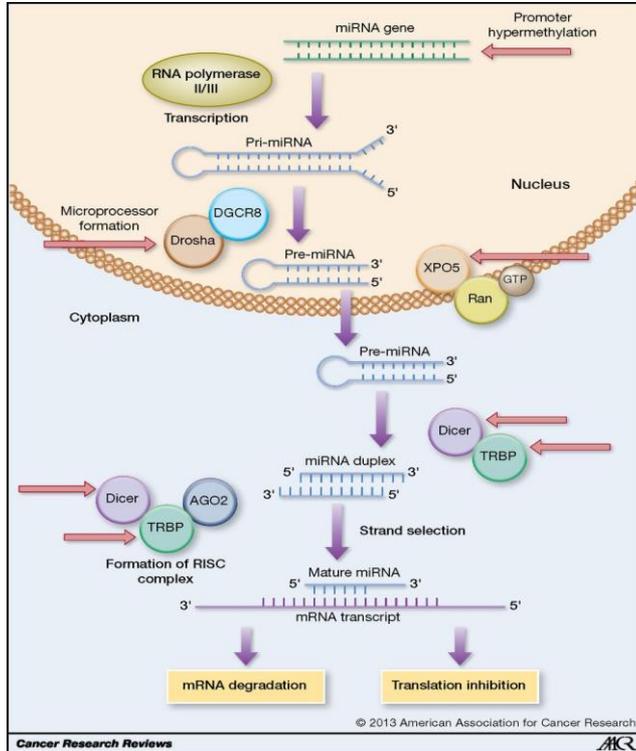
- **Their potential therapeutic targets**

(Czech MP. N Engl J Med. 2006)

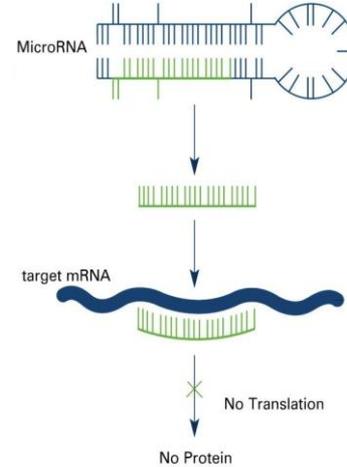


Biogenesis and function of miRNAs

Transcription

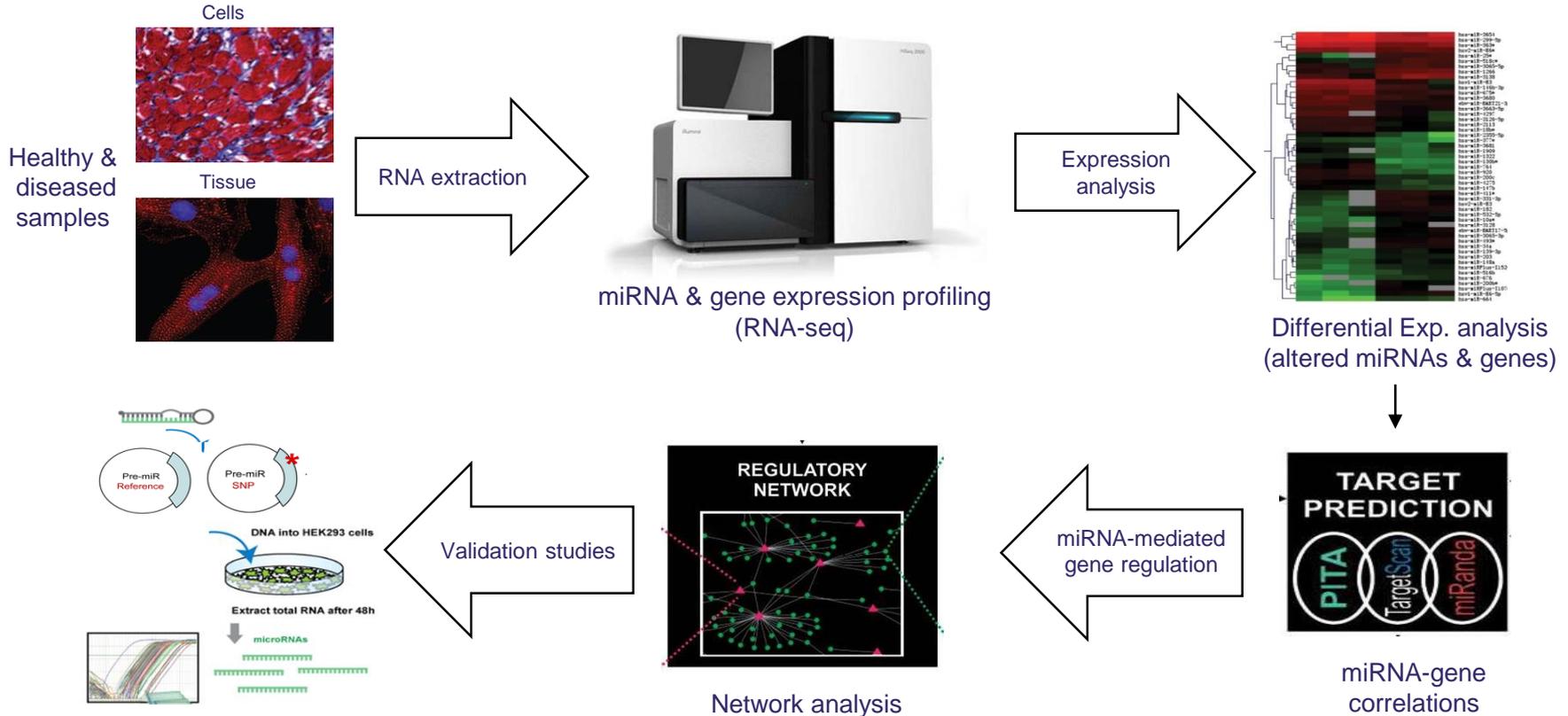


Gene silencing

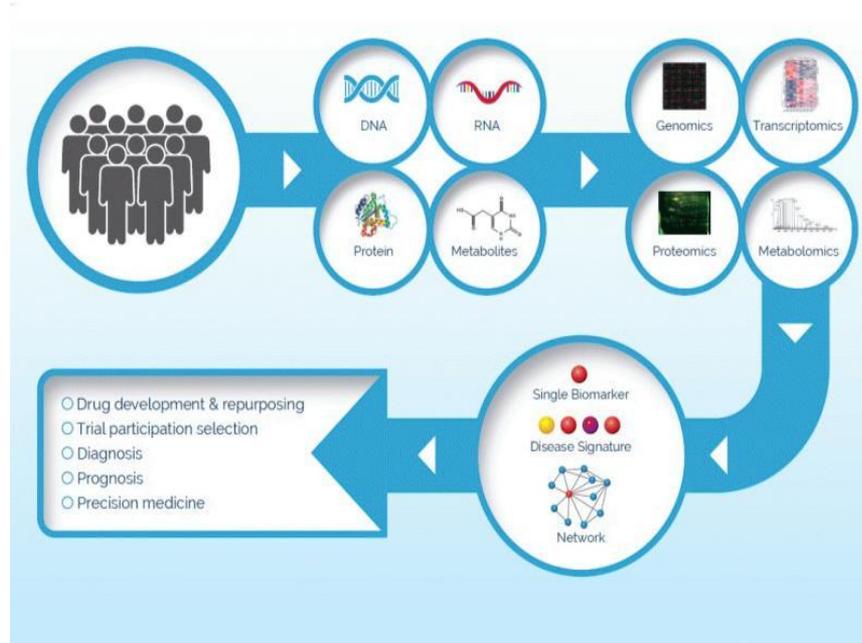


The canonical processing pathway

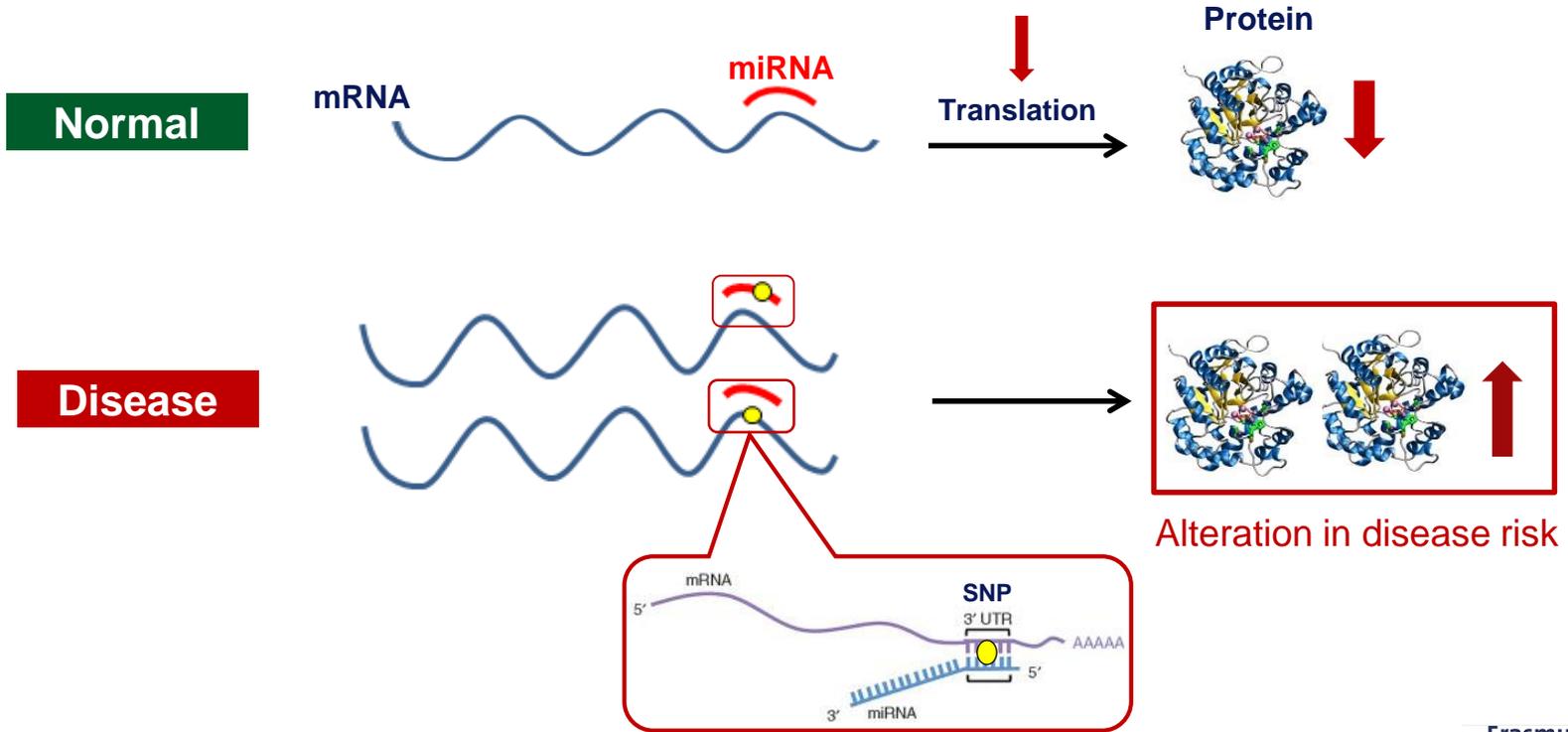
Identification of miRNAs involved in human diseases



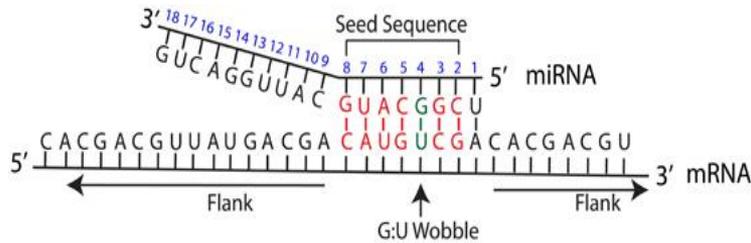
Integrating population level omics data to identify miRNAs implicated in diseases



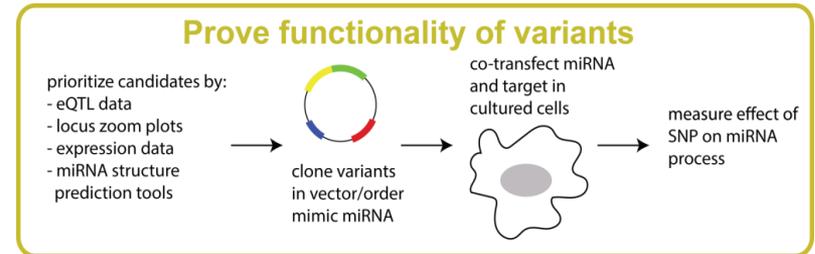
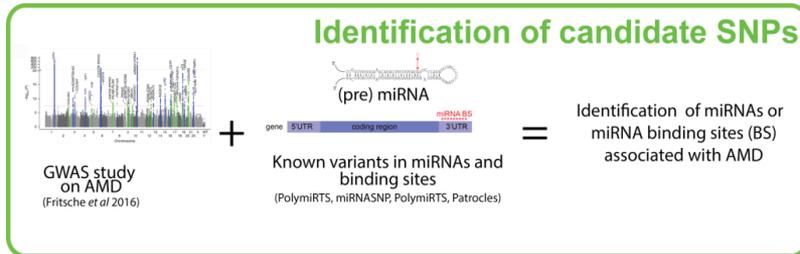
Genetic variants in miRNAs & their binding sites



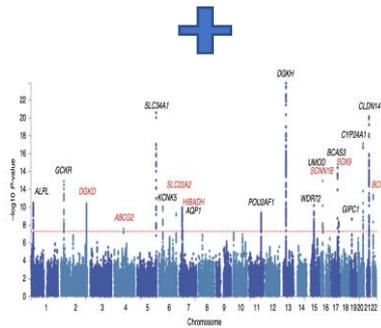
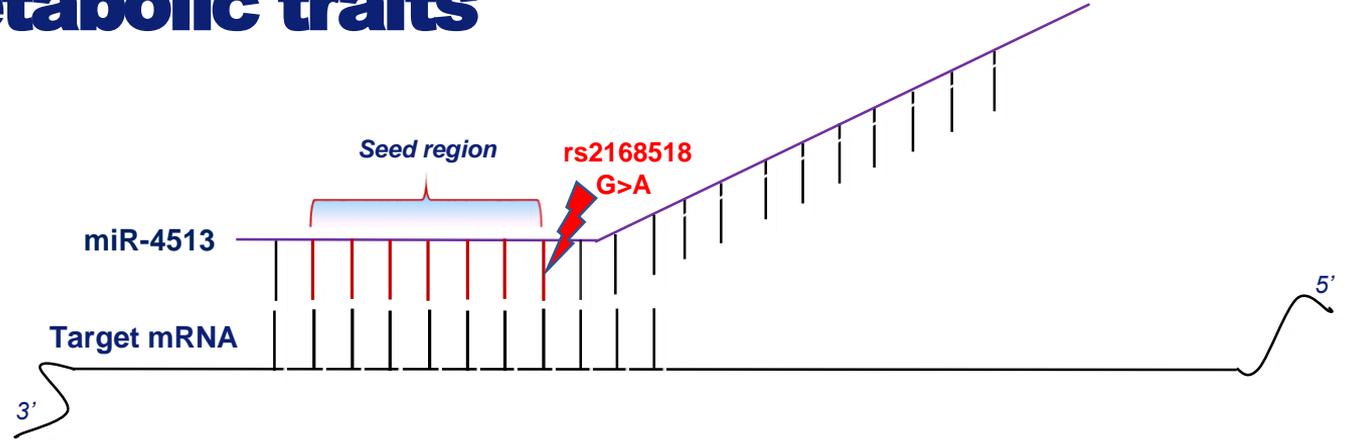
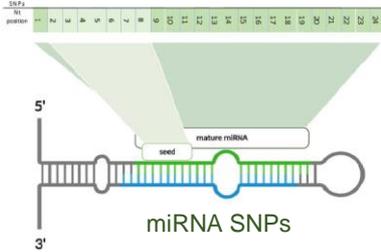
miRNA-related SNPs and their links to diseases



miRNA-related genetic variants	#SNPs
Genetic variants in miRNA-encoding sequences	~250
Genetic variants in miRNA-binding sites within the 3'-UTR of target genes	~50,000



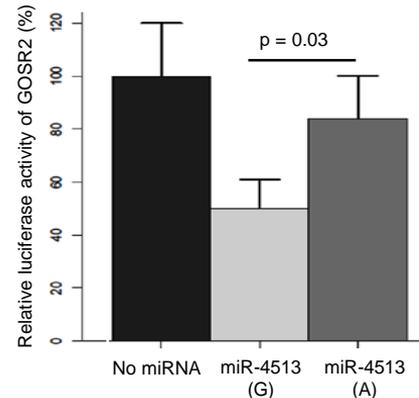
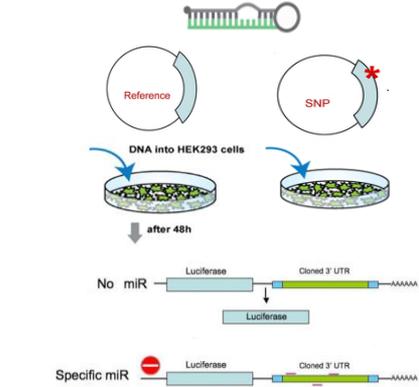
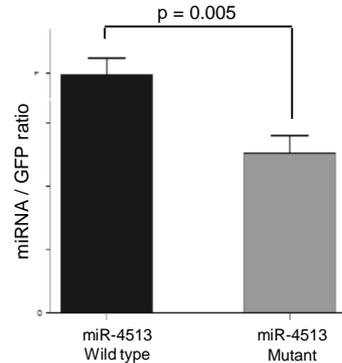
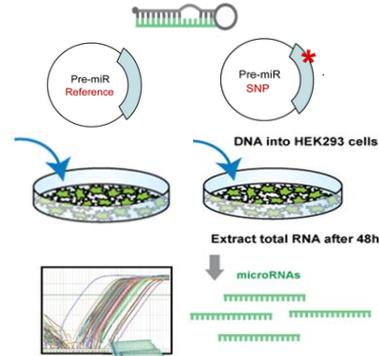
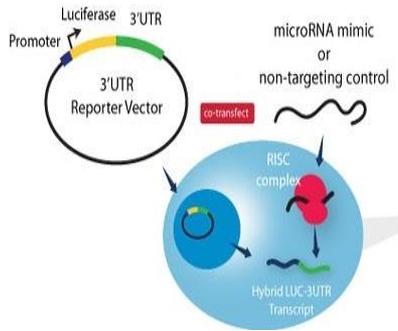
A SNP in miR-4513 associates with several cardio-metabolic traits



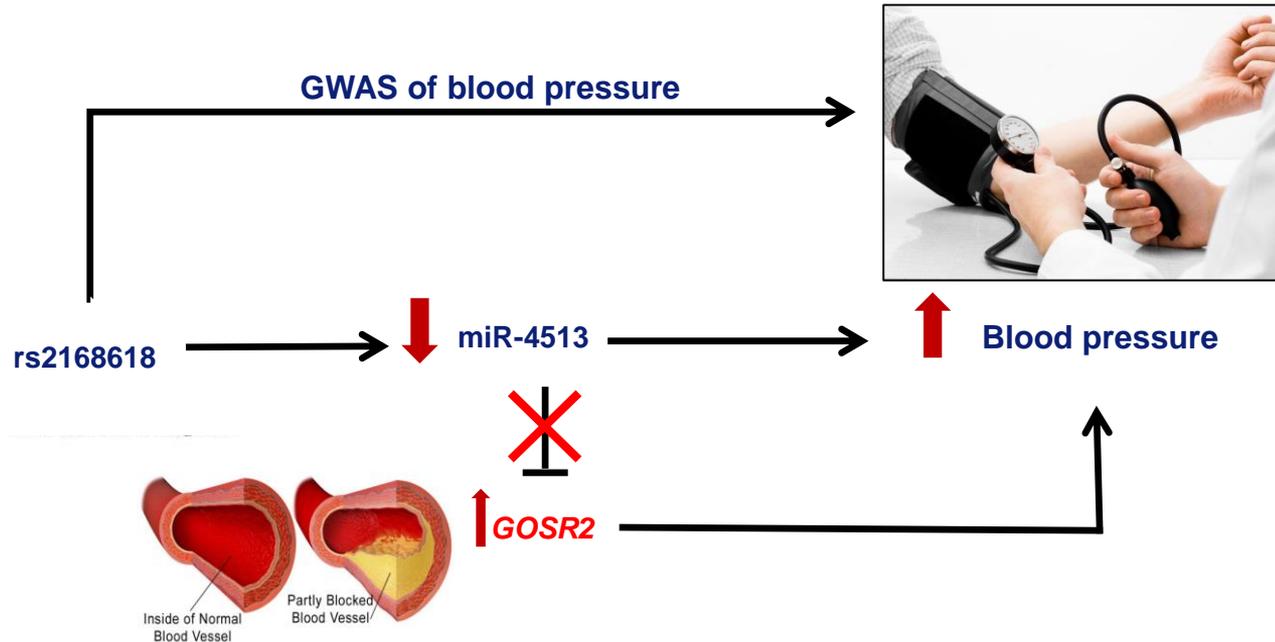
GWAS data

<p>↑ Diastolic BP $p=3.5 \times 10^{-12}$</p>	<p>Total Cholesterol $p=5.7 \times 10^{-5}$</p>	<p>Fasting Glucose $p=2.5 \times 10^{-4}$</p>
<p>↑ Systolic BP $p=3.4 \times 10^{-10}$</p>	<p>LDL Cholesterol $p=5.6 \times 10^{-5}$</p>	<p>Cor. Art. Dis. $p=9.2 \times 10^{-4}$</p>

The SNP affects expression and function of miR-4513

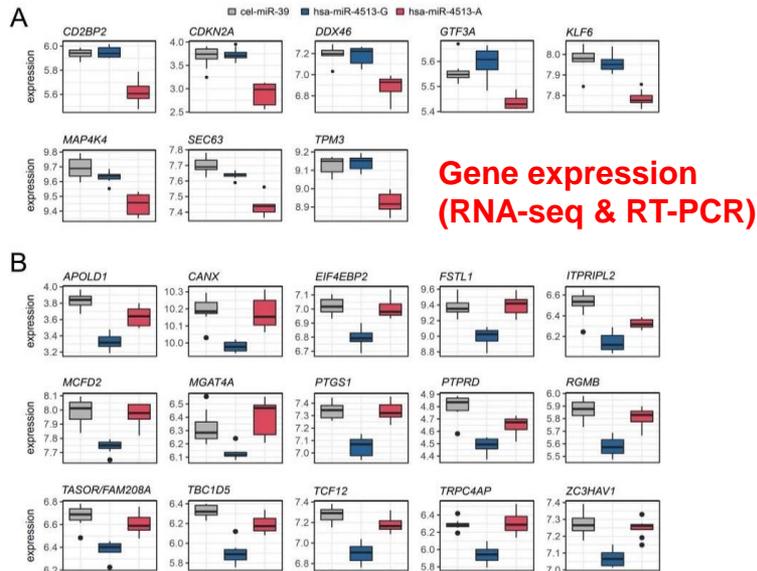


A Genetic Variant in the Seed Region of miR-4513 Shows Pleiotropic Effects on Lipid and Glucose Homeostasis, Blood Pressure, and Coronary Artery Disease



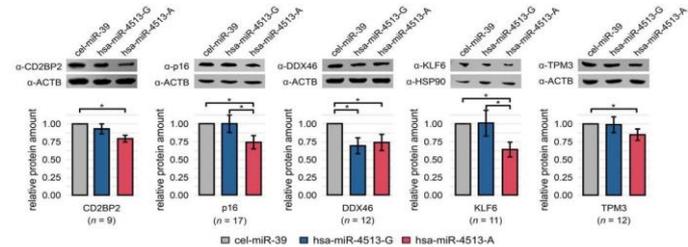
Seed sequence polymorphism rs2168518 and allele-specific target gene regulation of hsa-miR-4513

Christina Kiel^{1,†}, Tobias Strunz^{1,†}, Daniele Hasler², Gunter Meister², Felix Grassmann^{1,3,§} and Bernhard H.F. Weber^{1,4,*},§,¶

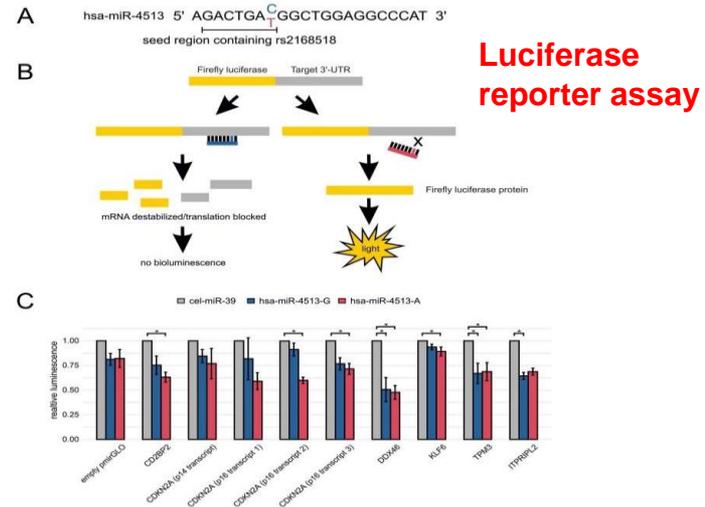


Allele-specific target genes of hsa-miR-4513. Boxplot representations of expression of allele-specific target genes of (A) hsa-miR-4513-G and (B) hsa-miR-4513-A identified in the RNA-seq data of HUVECs transfected with hsa-miR-4513-A, hsa-miR-4513-G and cel-miR-39 as control.

Protein analysis (Western blot)



Allele-specific hsa-miR-4513 target gene protein expression. Representative western blot analyses of five selected target genes with the respective loading controls ACTB or HSP90 (for KLF6). Isoform p16 represents one of the protein products of CDKN2A.



Cross-omics data integration towards understanding genetic regulation & disease association of miRNAs

Step.1

GWAS of miRNAs

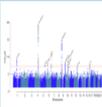
Discovery & Internal validation

- Rotterdam study-I (N=1000)
- Rotterdam study-II (N=1000)
- Rotterdam study-IV (N=750)



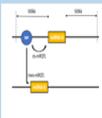
Replication

- Framingham study (N=5,239)
- Ottawa study Canada (N=710)



Post-GWAS studies

- Cis and trans miRNA-eQTLs
- Functional annotation

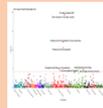


Step.2

Clinical traits & causal inference

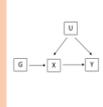
PheWAS

- UK biobank (N= 423,442)
- Hospital Episode Statistics data



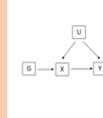
MR-PheWAS

- Exposure (miR data Rotterdam)
- Outcome (traits UK biobank)



MR (replication)

- Exposure (miR data Rotterdam)
- Outcome (GWAS catalog)



Step.3

Target genes and pathways

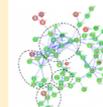
mRNAs and proteins

- mRNA-eQTLs (N= 31,684)
- Protein-QTLs (Up to 30,000)



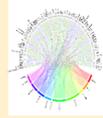
Target genes analysis

- miRNA-mRNA interactions
- In-silico & in-vitro studies



Metabolites (QTLs)

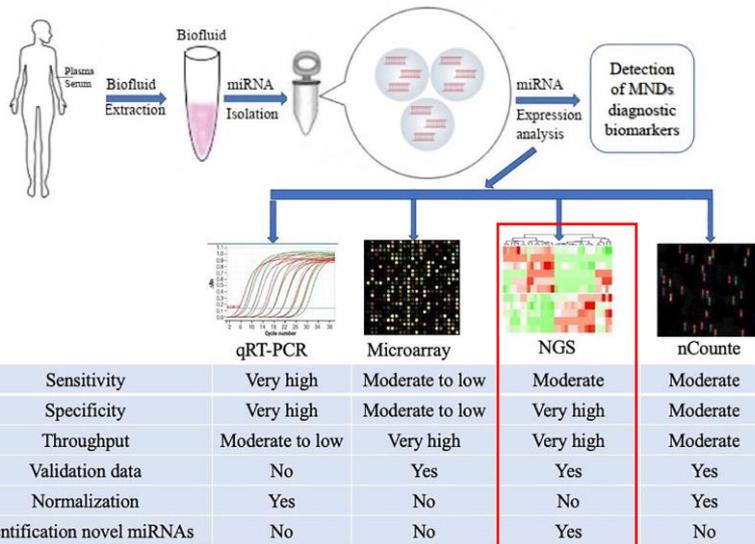
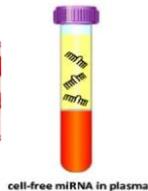
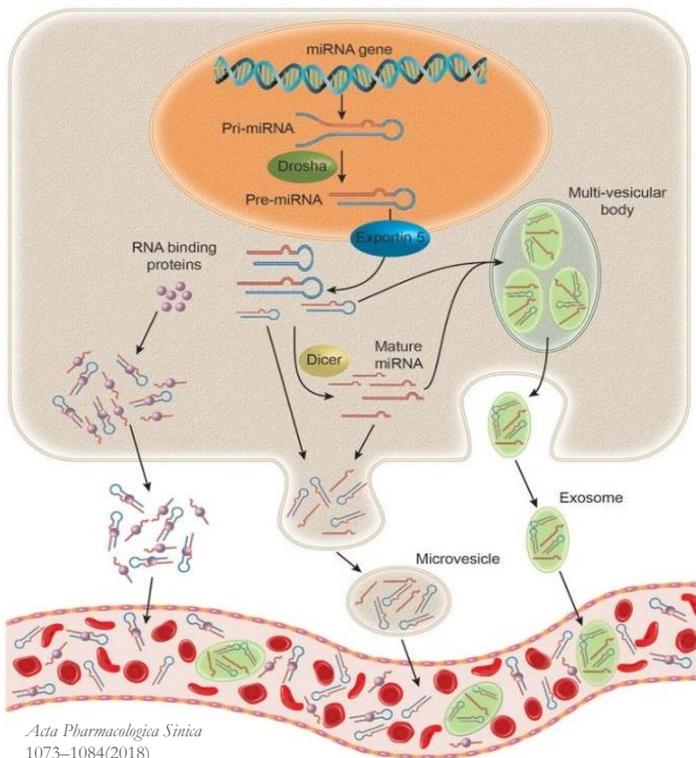
- ~250 in Nightingale (N~ 120,000)
- >1000 in Metabolon (N~ 10,000)



Step.4

Building ADMIRE web tool

Plasma circulating miRNAs in the Rotterdam study

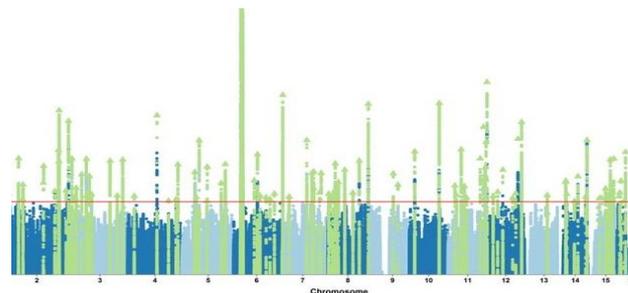
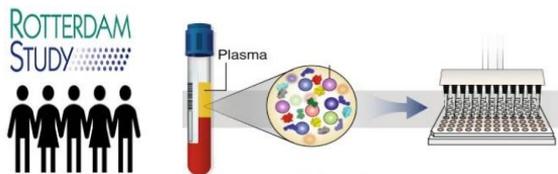


Wang et al. Front Neurosci. 2020 Apr 16;14:354.



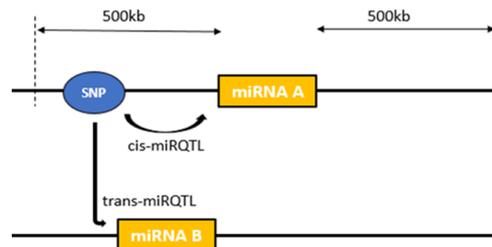
Genome-wide association study of miRNA levels

GWAS on plasma levels of 2083 miRNAs



Associating levels of each miRNA to 10M SNPs

Cohort	#participants	#miRNAs
Rotterdam Study	~2,200	2083
Ottawa study	710	2083
Framingham study	5,239	~700



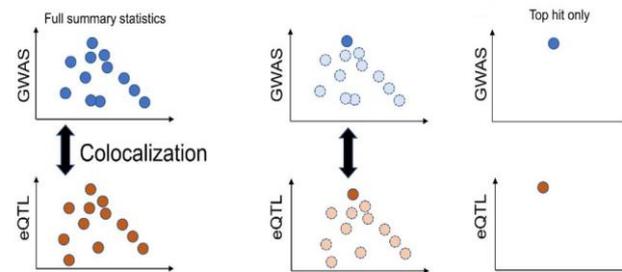
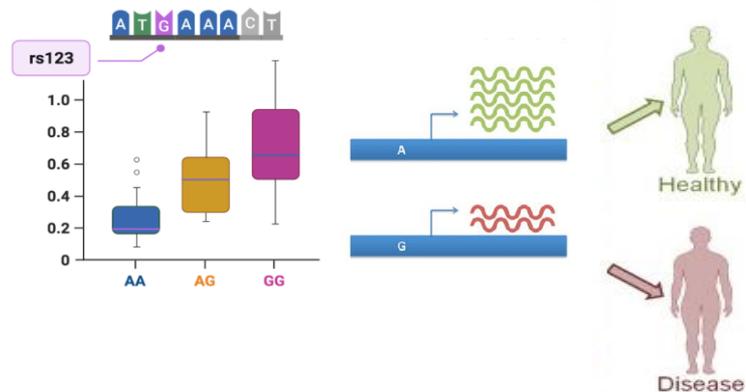
4,310 cis- and trans-miRNA-eQTLs ($P < 2.4 \times 10^{-11}$) for 64 miRNAs

The miRNA-eQTLs can explain the variance ranged from 2% to 11%

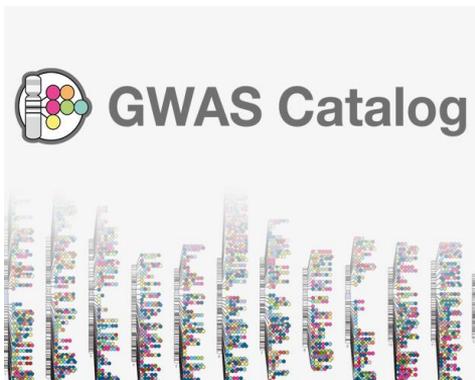
Association of miRNA-SNPs with clinical traits



GWAS Catalog

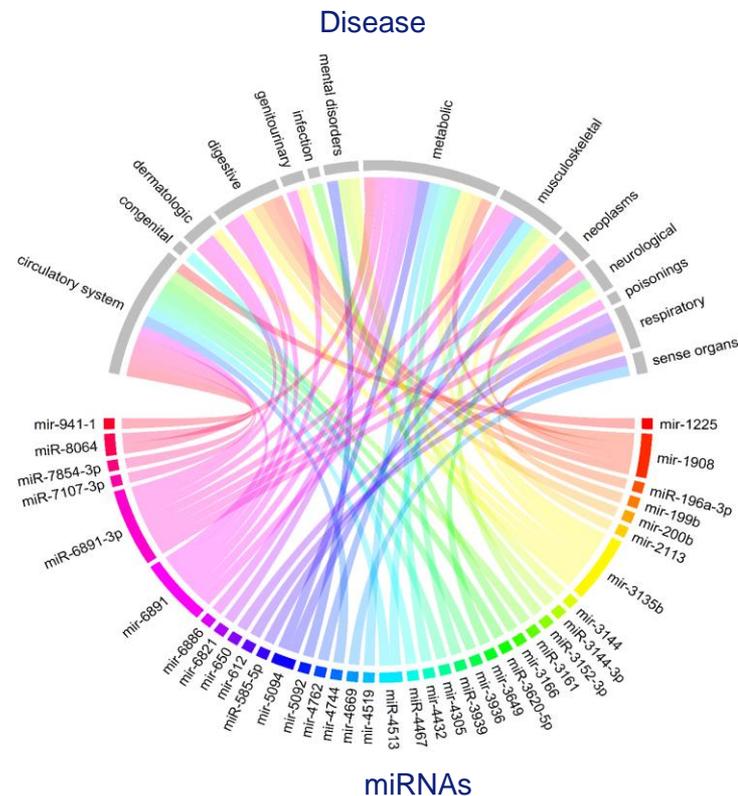


Clinical significance of miRNA-related variants



Cis-miRNA-eQTLs were associated with diseases such as blood pressure, cancer, mental health, haematological indices, anthropometric measures, lipid levels.

Trans-miRNA-eQTLs were associated with diseases/traits eg. cancer, cardiometabolic, haematological indices, allergy.



miRNAs implicated in multiple traits (UK Biobank)



UK Biobank with N~425K participants

905 clinical traits (>200 cases) in 16 disease categories

Phenome-wide association studies (PheWAS):

- Single cis-instrument analysis for 85 miRNAs
9 miRNAs \Rightarrow **23 clinical outcomes**
- GRS cis-instrument analysis for 119 miRNAs
17 miRNAs \Rightarrow **24 clinical outcomes**



allele A



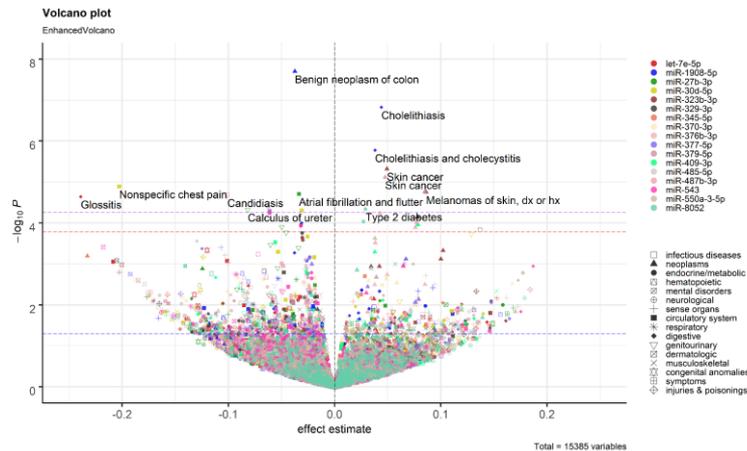
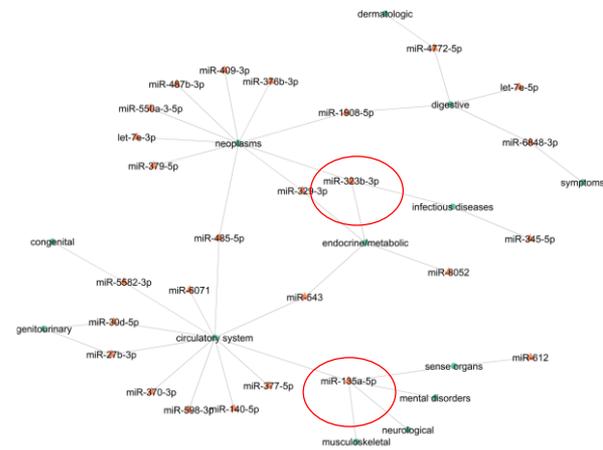
allele T

Association analysis across **phenome**

Phenotype 1 ~ SNP+ sex + age

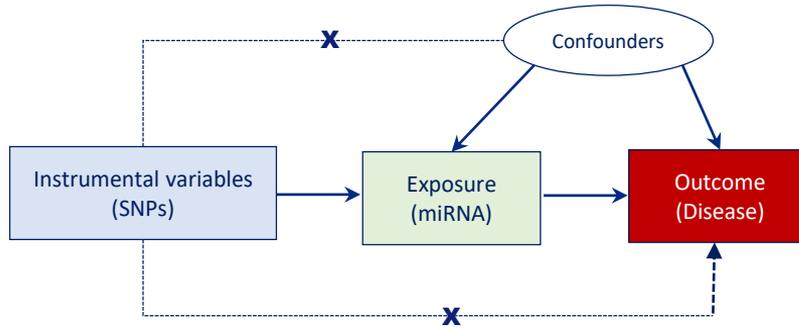
Phenotype 2 ~ SNP+ sex + age

...

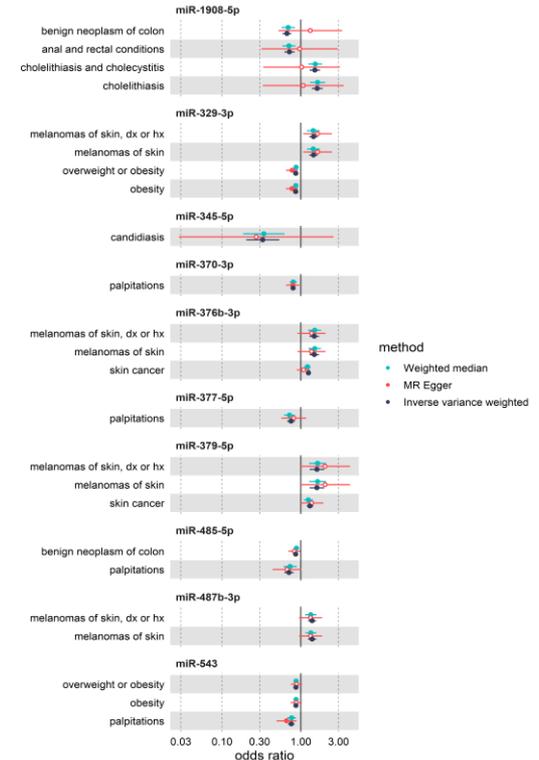


Causal link between miRNAs and diseases (MR)

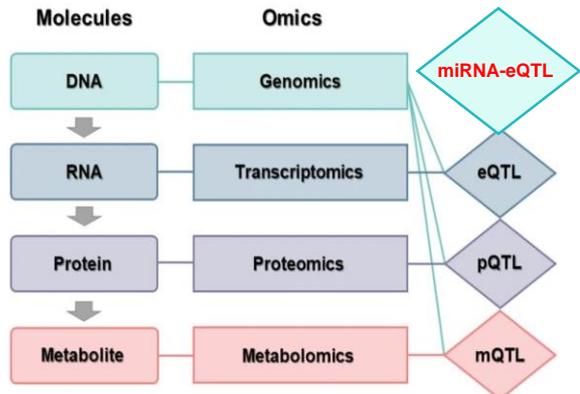
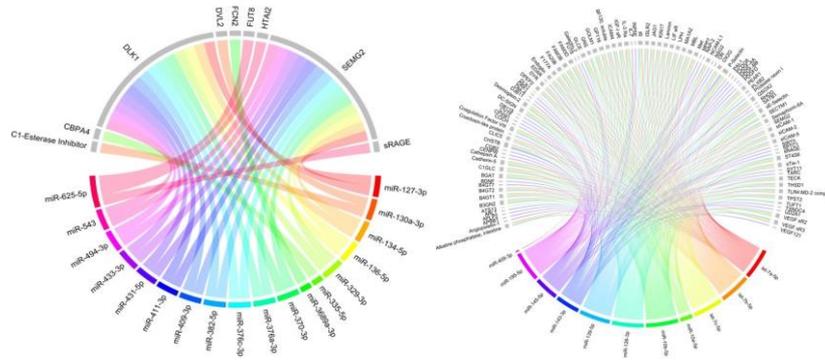
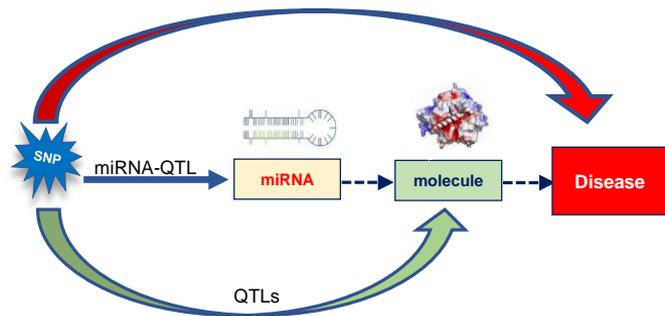
Mendelian randomization



Multivariable MR confirmed a causal role for some miRNAs in complex diseases like cancer and obesity.



Multi-omics study for miRNA-regulated pathways



Akiyama M. Journal of Human Genetics, 2021.

- ❑ miRNA-QTLs (n~8,000) ➡ 64 miRNAs
- ❑ Gene-eQTLs (n~32,000) ➡ 39 miRNAs and 146 genes
- ❑ Protein-QTLs (n~30,000) ➡ 29 miRNAs and 112 proteins
- ❑ Metabolite-QTLs (n~10,000) ➡ 13 miRNAs and >200 metabolites

Atlas of genetic regulation & Disease association of miRNAs Expression (ADMIRE)

GWAS of miRNAs	Clinical traits & causal inference	Target genes and pathways	Building ADMIRE web tool
Discovery & Internal validation <ul style="list-style-type: none"> Rotterdam study-I (N=1000) Rotterdam study-II (N=1000) Rotterdam study-IV (N=750) 	PheWAS <ul style="list-style-type: none"> UK biobank (N= 423,442) Hospital Episode Statistics data 	mRNAs and proteins <ul style="list-style-type: none"> mRNA-eQTLs (N= 31,684) Protein-QTLs (Up to 30,000) 	
Replication <ul style="list-style-type: none"> Framingham study (N=5,239) Ottawa study Canada (N=710) 	MR-PheWAS <ul style="list-style-type: none"> Exposure (miR data Rotterdam) Outcome (traits UK biobank) 	Target genes analysis <ul style="list-style-type: none"> miRNA-mRNA interactions In-silico & in-vitro studies 	
Post-GWAS studies <ul style="list-style-type: none"> Cis and trans miRNA-eQTLs Functional annotation 	MR (replication) <ul style="list-style-type: none"> Exposure (miR data Rotterdam) Outcome (GWAS catalog) 	Metabolites (QTLs) <ul style="list-style-type: none"> ~250 in Nightingale (N= 120,000) >1000 in Metabolon (N= 10,000) 	

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mirnomics atlas

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About miRNomics

miRNomics atlas is a publicly available web-based tool developed by Dr. Shonkoff's lab to disseminate the results of their cutting-edge research on miRNAs ranging from genetic regulation of miRNAs, their association with various clinical traits and diseases, and integration of miRNAs with other omics data in order to identify the role of miRNAs in the pathogenesis of complex diseases and their potential as disease biomarkers by using larger-scale population-based omics data. The results of projects conducted by Dr. Shonkoff's group in the emerging field of miRNA gene regulation are categorized in three parts including genetic regulation, disease association, and omics integration of miRNAs, which are available by clicking on the links below.

An atlas of genetic regulation and disease associations of microRNAs

Rima Mustafa, Michelle M.J. Mens, Arno van Hilten, Jian Huang, Gennady Roshchupkin, Tianxiao Huan, Linda Broer, Paul Elliott, Daniel Levy, M. Arfan Ikram, Marina Evangelou, Abbas Dehghan, Mohsen Ghanbari

doi: <https://doi.org/10.1101/2022.11.10.22282180>

miRNomics

Our Studies

Genetic regulation of miRNAs

[Read More](#)

Disease association of miRNAs

[Read More](#)

Omics integration of miRNAs

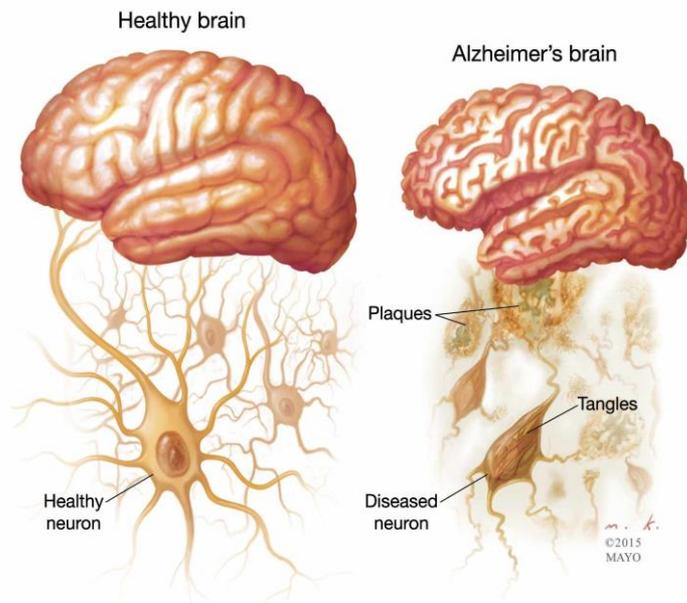
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Alzheimer's disease (AD)

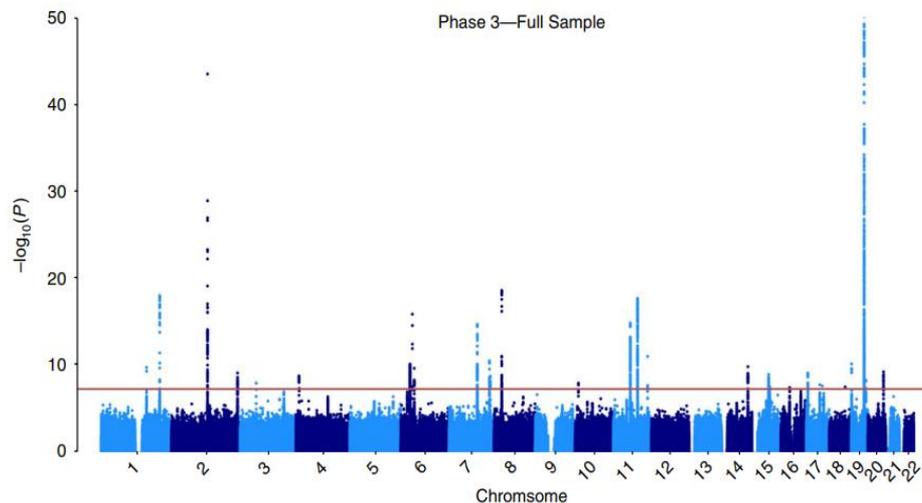
manifested by the progressive loss of memory and cognitive decline.

Amyloid plaques & neurofibrillary tangles in the brain are two neuropathological hallmarks of AD.

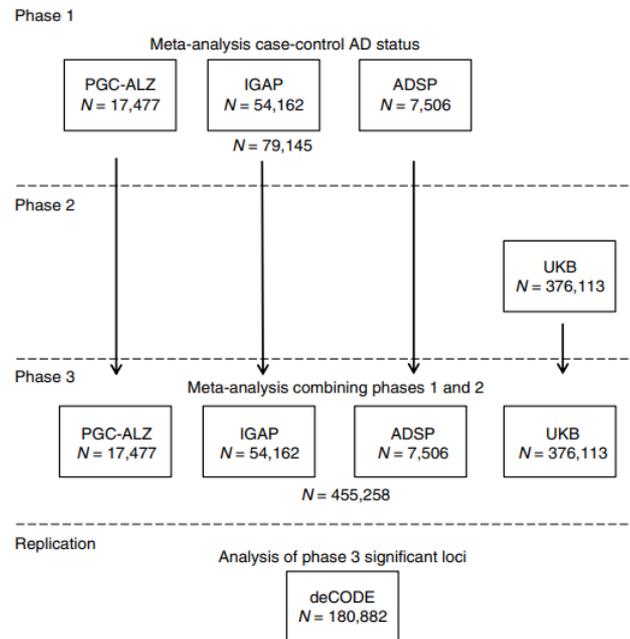
>50 risk loci identified by GWAS that explain ~30% of the disease heritability.



Genome-wide meta-analysis identifies new loci and functional pathways influencing Alzheimer's disease risk

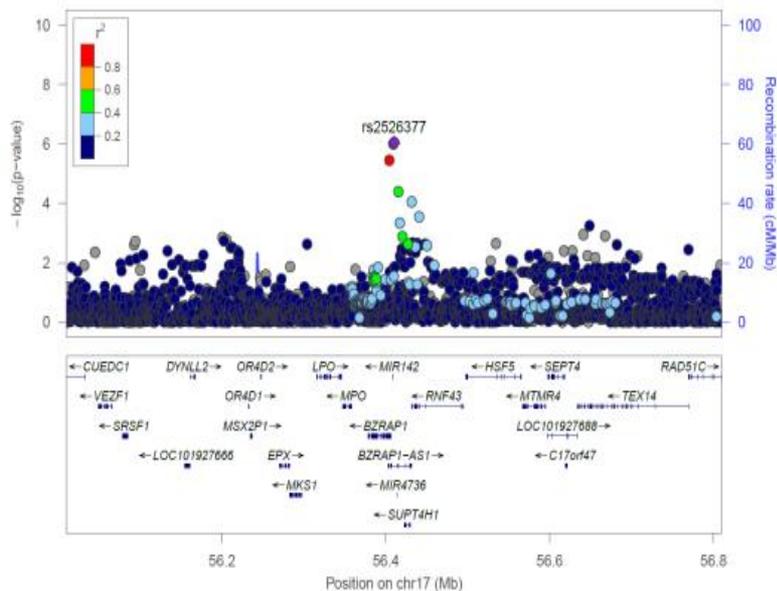


GWAS meta-analysis for AD risk (N = 455,258). Manhattan plot displays all associations per variant ordered according to their genomic position on the x axis and showing the strength of the association with the $-\log_{10}$ -transformed P values on the y axis.

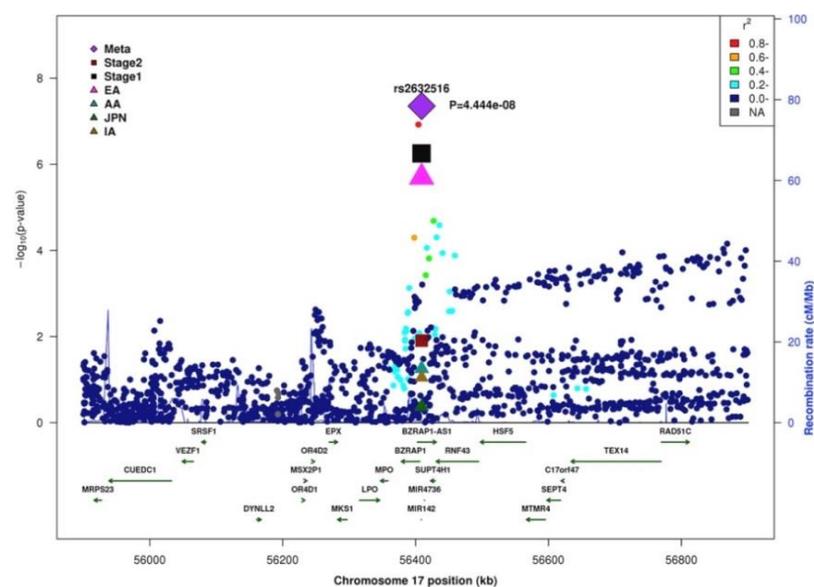


Jansen et al., *Nature Genetics* 51: 404–413 (2019).

A non-coding SNP at 17q22 associated with AD

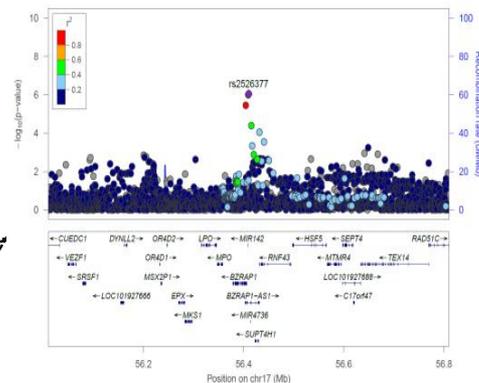
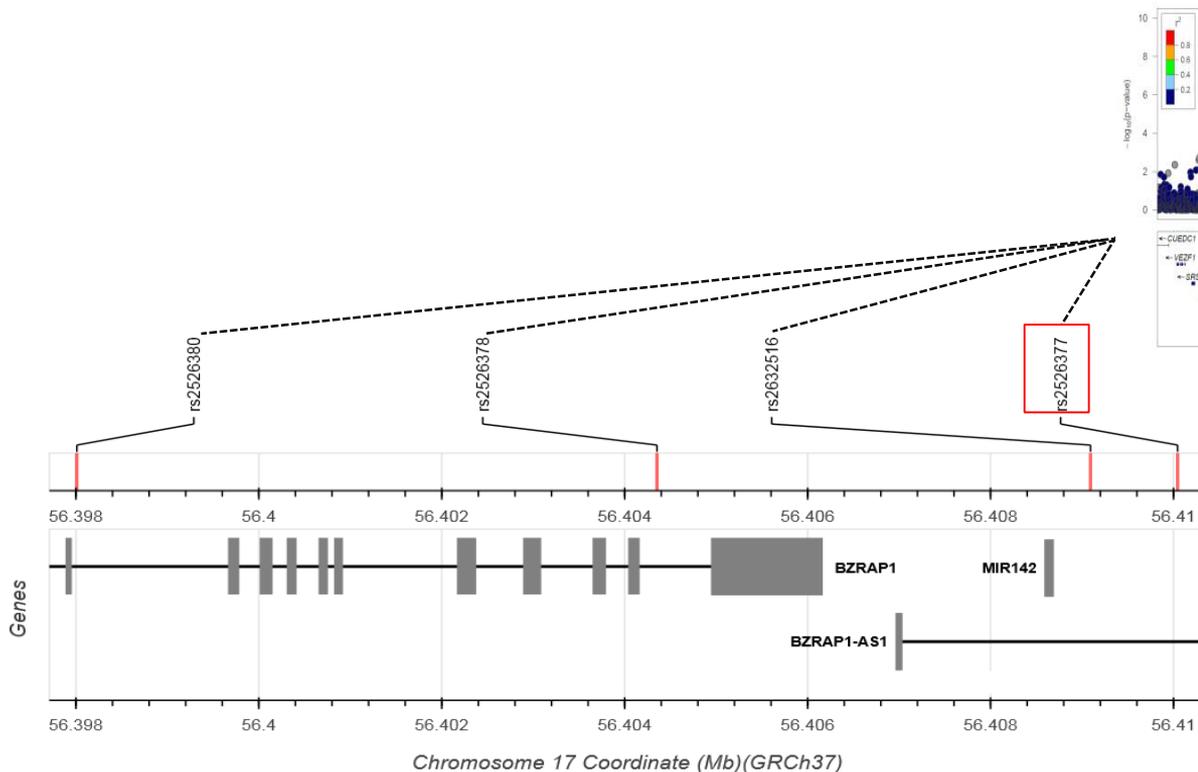


Jansen et al., *Nature Genetics* 51: 404–413 (2019).



Jun et al., *Alzheimers Dementia* 13(7):727-738 (2017).

SNPs in high LD at 17q22 associated with AD



B B M R I N L Home Query Data API About

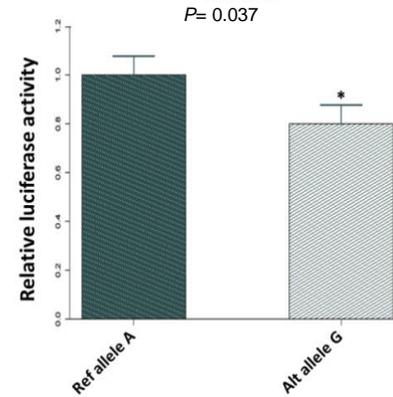
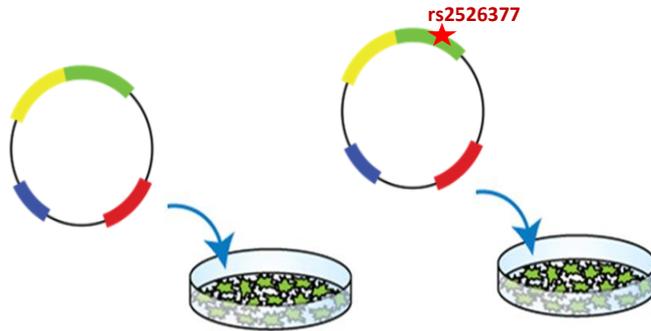
List of Identifiers ?

query SNP-CpG **SNP-Gene** CpG-Gene network

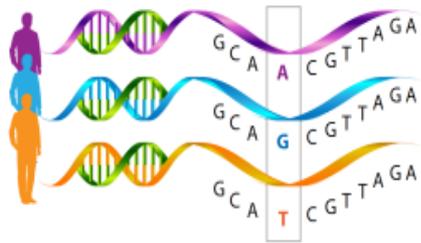
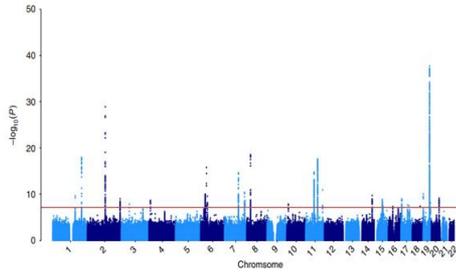
SNP	SNP (proxy)	LD R2	alleles	gene	type	p-value
rs2632516	rs2526377	0.967	A/G	MIR142	gene	3.01e-9
rs2632516	rs2526377	0.967	A/G	MIR142	exon	4.84e-11

Identifier type
SNP

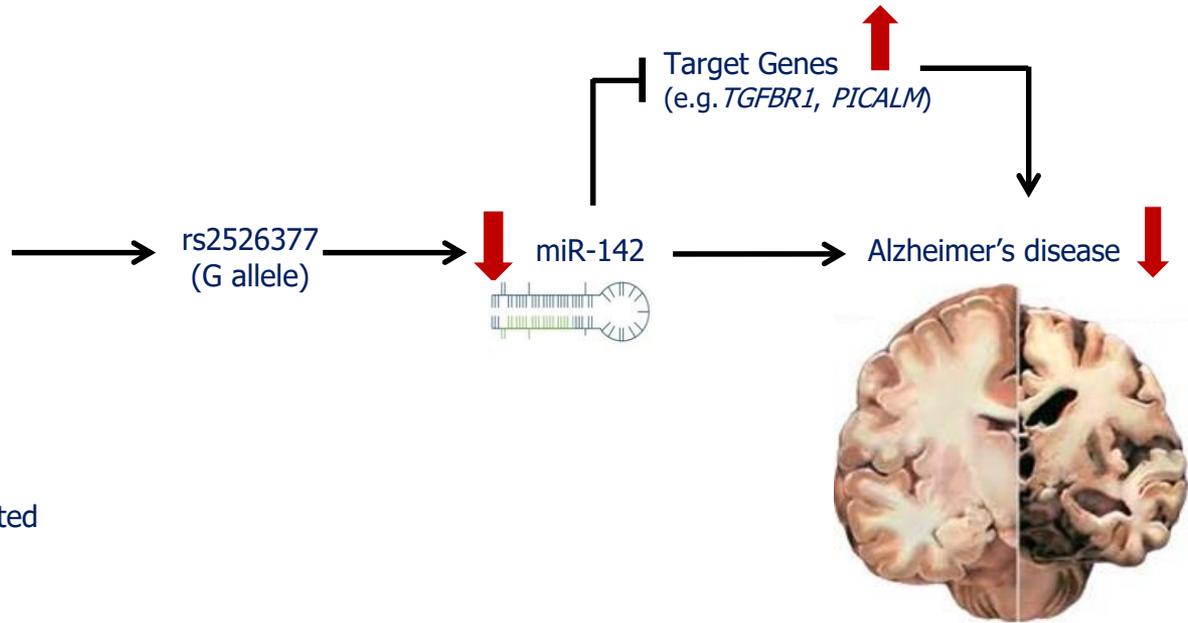
rs2526377 influences on promoter activity of miR-142



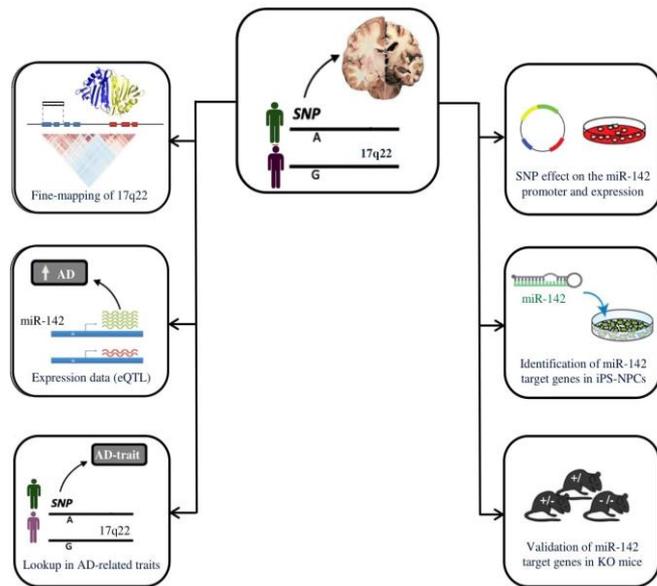
The SNP confers AD risk by deregulation of miR-142



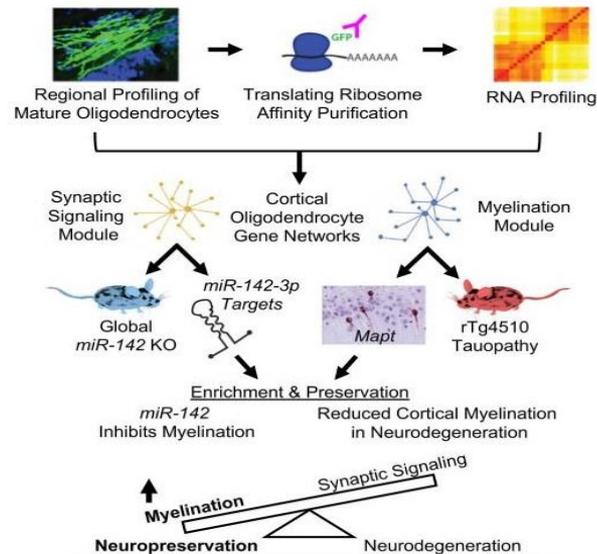
A SNP in 17q22 negatively associated with AD in GWAS data



miR-142 regulates the AD hallmark pathways



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Received: 25 January 2019 | Revised: 13 June 2019 | Accepted: 11 July 2019

DOI: 10.1002/humu.23872

RESEARCH ARTICLE

Human Mutation HGV^S HUMAN GENOME VARIATION SOCIETY WILEY

OXFORD

GENERAL ARTICLE

Human Molecular Genetics, 2021, Vol. 30, No. 1

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doi: 10.1093/hmg/ddaa252

Advance Access Publication Date: 8 February 2021

General Article

A functional variant in the miR-142 promoter modulating its expression and conferring risk of Alzheimer disease

miR-142-3p regulates cortical oligodendrocyte gene co-expression networks associated with tauopathy

The potential of miR-142 as biomarker for AD

Research Article

Profiling of microRNAs in Alzheimer's disease



EMBO
Molecular Medicine

Alteration of the microRNA network during the progression of Alzheimer's disease

Sørensen *et al.* *Translational Neurodegeneration* (2016) 5:6
DOI 10.1186/s40035-016-0053-5

Translational
Neurodegeneration

RESEARCH

Open Access

miRNA expression profiles in cerebrospinal fluid and blood of patients with Alzheimer's disease and other types of dementia – an exploratory study



Sofie Sølvsten Sørensen¹, Ann-Britt Nygaard² and Thomas Christensen^{1*}

miR-142 is among 15 upregulated miRNAs in the **hippocampus** of AD patients

miR-142 is among the upregulated miRNAs in the **CSF** and **plasma** of AD patients

Challenges in multi-omics research

Sample size: Obtaining a sufficiently large sample size to provide a good statistical power.

Data quality: Several factors may influence the quality of omics data (eg. sample preparation, measurement accuracy, and analytical variability). Standardization of data collection and QC are required to minimize the impact of these factors and help the reproducibility and comparability of results.

Data integration: Integrating omics data from different platforms is complex and require sophisticated bioinformatics approaches.

Data interpretation: The interpretation of results can be challenging due to the complexity and heterogeneity of biological systems. Appropriate statistical and computational methods are required to identify relevant biological pathways and biomarkers.

Ethics and privacy: Multi-omics research in population-based studies raises several ethical and privacy concerns regarding the storage, sharing & use of sensitive personal information.



Thank you for your attention!



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